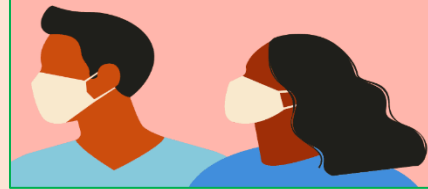




CALL ME! LET'S CHAT!

Outreach to Support Black Seniors within the
National Capital Region

COVID-19:
The Battle to
Save Black Lives



Helping seniors stay safe and connected.

Be a part of it.

Limited spots available; call for more information

613-567-0600

admin@jakukonbit.com

Seniors activities

Connecting seniors with seniors

Social media networking

Telephone Pals (Networking)

Weekly African and Caribbean Cultural Meal



The “Let’s Chat” program provides a safe and supportive online space for seniors to gather, share and take part in many activities, including: Games, Arts, Fitness, Social Events, Music, Movies, Discussions, and much more.



Canada



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