



May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Call ME! Let's Chat" Information Session	4	5 Chair exercise with Diane T	6	7 Chair exercise with Diane T	8 African history class 11:00am - 12:00pm (zoom)
9	10 Call ME! Let's Chat" Information Session	11	12 Chair exercise with Diane T	13	14 Chair exercise with Diane T	25 African history class 11:00am - 12:00pm (zoom)
16	17 Call ME! Let's Chat" Information Session	18	19 Chair exercise with Diane T	20	21 Chair exercise with Diane T	22 African history class 11:00am - 12:00pm (zoom)
22	24	25	26	27	28	29 African history class 11:00am - 12:00pm (zoom)

<h2>EVENTS</h2>	<p>Call Me Lets Chat! The Let's Chat program provides a safe and supportive online space for seniors to gather, share and take part in many activities!</p>	<p>March is Black Future Month</p> <ul style="list-style-type: none"> -Add to/Assess Individual Path guide -Collectively discuss 'Future of Black Ottawa' -Introduce mentees to Invest Ottawa 	<p>Black Star Tutoring Online We provide flexible in-home tutoring that is based on your unique schedule. We work with you and your child to provide assisted in Math, Science, English and French</p>
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