

# December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chair exercise with Diane T <b>Opening Kwanzaa</b>	2	3 Chair exercise with Diane T	4 African History
5	6 Chair exercise with Diane T	7	8 Chair exercise with Diane T	9	10 Chair exercise with Diane T	11 African History
12	13 Chair exercise with Diane T	14	15 Chair exercise with Diane T	16	17 Chair exercise with Diane T	18 <b>Kwanzaa Celebration</b>
19	20 Chair exercise with Diane T	21	22 Chair exercise with Diane T	23	24 Chair exercise with Diane T	25
26	27 Chair exercise with Diane T	28	29 Chair exercise with Diane T	30	31 Chair exercise with Diane T	

<h1>Events</h1>	<p><b>Call Me Lets Chat!</b></p> <p>The Let's Chat program provides a safe and supportive online space for seniors to gather, share and take part in many activities!</p>	<p><b>What History Class Left Out Part 2- African History 711CE- 1896CE</b></p> <p>Join the community's quest for know-ledge of our ancestral roots. For as time passes by, the knowledge of the past must never be forgotten. Saturdays at 11am - (Zoom)</p>	<p><b>Upcoming Events Kwanzaa Celebration</b></p> <p>Dec 1, 2021 Open Ceremony</p> <p>Dec 16, 2021 Community Celebration</p>
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